

by their country."

It is often said around this time of year that it is better to give than to receive. In that spirit, I urge you to consider giving back to the troops. Of course, we will never reciprocate their sacrifice to our nation—but we can offer them some comfort and support as they

endure a very difficult situation.

The Department of Defense has set up a website to facilitate giving back to the troops titled America Supports You (www.americasupportsyou.mil). The site connects users to the many non-profit institutions such as Operation Home Front, A Million Thanks, and Soldiers' Angels that help connect grateful citizens with the troops. Some of the ways that you can help our troops include sending gift packages, letters of support and gratitude, and offering support such as lawn care to families with loved ones overseas.

Please note that due to security concerns, care packages sent to "Any Wounded Soldier" will be discarded. Care packages must be sent to a specific soldier, therefore necessitating the non-profit entities facilitating this process.

It is an honor to continue serving California's 3rd District. Have a wonderful holiday season.

Sincerely,

Daniel E. Lungren Member of Congress

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